Intro to CANINE FITNESS Workshop

With Rebeccah Aube, CPCFT Certified Professional Canine Fitness Trainer



Where: Positively Best Friends Dog Training

When: April 23, 2017

Time: 9:00am - approx 2:30pm

Cost: \$80.00 Coffee & morning refreshments and a light lunch will be included

Cross training, conditioning and stretching for canine athletes, couch potatoes, puppies and a fun exercise program.

Teach your dog body awareness, build core strength and gain confidence all while they learn new behaviors!

Equipment will be supplied to each working team for the workshop.

For more information or to register contact Marcia Welch at dogspeak@midcoast.com or 207-522-6001











*Note: this is not physical rehabilitation.

www.positivelybestfriends.com